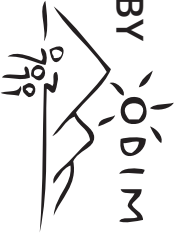




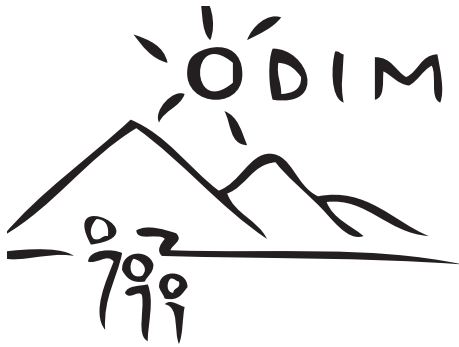
1,000 DAYS

to change a child's story

A HEALTH INITIATIVE BY
ODIM GUATEMALA



JOIN US TODAY IN CHANGING A CHILD'S STORY.



COMMUNITY-DRIVEN
HEALTHCARE AND EDUCATION

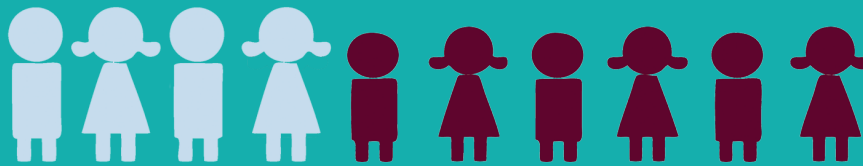
The Organization for the Development of the Indigenous Maya (ODIM) is a registered 501(c)(3) non-profit organization.

Mailing address for tax-deductible donations by check (payable to 'ODIM'):
ODIM c/o Martha Stowe
1527 Waterside Ct.
Dallas, Texas, 75218

ODIMGuatemala.org
For information, contact Jeff Hassel:
ODIM.ExecutiveDirector@gmail.com

Chronic malnutrition afflicts **more than 6 of 10** children in our villages

Chronic malnutrition stunts a child's physical, mental and social development, causing life-long damage.



THE FIRST 1,000 DAYS DETERMINE THE COURSE OF A CHILD'S LIFE

Inadequate access to nutritious foods, quality healthcare, formal education and social support perpetuate the problem.



OUR APPROACH: **HEALTHY MOMMY & ME**

Healthy Mommy & Me is bolstering health, nutrition and knowledge in **the first 1000 days**: the key developmental window from conception to the second birthday. Our multifaceted approach covers everything moms need to keep their babies healthy through this critical period: from healthcare to education to dietary supplementation to social support.

Combating malnutrition incites a ripple effect: it means **babies** stay healthy, **children** flourish in school, **youth** pursue a professional path, **adults** raise healthy families and **communities** fragment the cycle of poverty. **This is our vision.**

