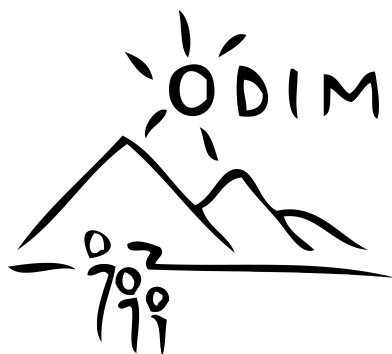




HEALTHCARE AND EDUCATION.

COMMUNITY-DRIVEN



How to Donate:

Please mail **checks** (payable to ODIM), to:
Martha Stowe
1527 Waterside Ct.
Dallas, Texas, 75218

You can also contribute via **credit card** online at:
odimguatemala.org/donate

Donations from U.S. givers are tax-deductible. If your employer has a matching program, please request a match to multiply your impact.

To give stock, in-kind donations, or your medical services as a volunteer, and for any other questions, **contact Amy Holly** at: executive.director@odimguatemala.org

ODIM Guatemala
**Organization for the
Development of the Indigenous
Maya**

Photo on inside flap: <https://www.flickr.com/photos/vasnic64/4218611848>, right side extended

Barriers to Healthy Living

Poverty affects more than 50% of Guatemalans. In the indigenous Maya towns of San Pablo and San Juan la Laguna where we work, more than 80% live in poverty. The rate of chronic malnutrition in Guatemala is the 4th in the world. Problems of access to healthcare, education and professional opportunities disproportionately affect indigenous rural populations like those in our towns. Rates of diabetes, sickness due to contaminated water, respiratory diseases and teenage pregnancy are high. Local public health centers lack resources and medication to serve their people well. The cost of private healthcare is out of reach for most.



Comprehensive, Compassionate, Competent Care for our Communities

ODIM Guatemala's work is fueled by the energy of **inspiring individuals from its own communities**: our team of more than 30 professionals from our towns partner with 3 staff members from the international community.

Our medical team provides **compassionate, competent healthcare and dental care** in our two clinics. In these clinics, caregivers serve people **in their own Maya language**. Care is affordable and no one is turned away for lack of funds.

Additionally, ODIM carries out community-driven programs to tackle the most common issues within our towns: 'Healthy Mommy & Me' initiative to address chronic malnutrition, 'Let's Walk Together' to treat the high incidence of Diabetes and 'Adolescent Health' Program to prevent teen pregnancy.



Education is Key to Development

Promoting health is about more than treating disease. It's also about **sharing knowledge to help our neighbors live well**. Our 28 health promoters spread awareness so that our communities can better confront the health issues that affect them most.

We also foster education by providing **scholarships** for youth and by offering university scholarships to our full-time staff. We see this investment in learning as key to the sustainable development of our communities.



Take Action Today.

Let's imagine a world where **everyone has the resources and knowledge they need to live a healthy life and to develop their potential**. Together we can empower two communities to realize this vision.

We are making tangible impact in our towns, and **we cannot do this important work without you**. Please make a gift to ODIM Guatemala to **fuel our incredible team as they work to promote health and education in their communities**. See how on the back of this brochure.

