



With \$50 per month YOU can



Change a child's  
story.

**GIVE A BABY FROM A HIGH-  
RISK COMMUNITY A FIGHTING CHANCE.**

In Guatemala's rural communities, 6 out of 10 children suffer from chronic malnutrition and stunted growth. You can be the positive turning point for one family.

If you're interested in sponsoring a mother and child of our Healthy Mommy & Me initiative, please contact Rosario at [development.manager@odimguatemala.org](mailto:development.manager@odimguatemala.org)



As a sponsor of our Healthy Mommy & Me initiative, you will be assigned with a pregnant woman from our communities of San Juan or San Pablo la Laguna. You will receive a profile of the mother, an update when the baby is born, and information about the baby's development every 6 months during the first two years of life. You will also get the satisfaction of rewriting a child's story!

Your donation will provide the new mother with the following ODIM services:

- regular monitoring during pregnancy through well-being clinic check ups, home visits, and prenatal consultations to ensure a healthy pregnancy
- all the vitamins necessary for her baby to develop as healthy as possible
- a support group to learn about breast-feeding, healthy cooking classes, and hygienic care for her infant
- regular home visits by ODIM health promoters throughout the entire 1,000 day duration of the program
- a safe birth kit
- the baby will be weighed and measured monthly until reaching graduation age (2 years)
- monthly family nutritional support and emergency supplements in case the baby shows signs of stunted growth
- family planning consultations

**All of this and more, for \$50 per month.**